

**Westminster Road Runners Newsletter**  
**January-April, 2008**

Dues for 2008, which are now due, are as follows: \$5 for students (21 and under); \$10 for adults; and \$15 for family groups. Entry fees for regular races are \$1 for members (\$2 limit for a family group) and \$2 for non-members. Entry fees for special races are included on the entry form, in the race information, or on the club's web page ([www.carr.org/~wrrc](http://www.carr.org/~wrrc)).

**Upcoming Events:**

Tuesday, January 1, 12:00 noon, WINFIELD MILE, South Carroll High School, Winfield. At the start of a new year, it is time to finish matters from the old one. On Labor Day, which occurs on the first Monday in September, Alan Pobletts, 410-549-1873, finished second in his age group in a race run at Liberty High School. Due to the fact that the race organizers took longer to determine who won what than Alan will take after this race, he left before he got his award. Thus after the first WRRRC race of the year, Alan will get one award and distribute many others. Note that it's normally a good idea to register for the race early enough to traverse the mile to the starting line before people start running towards you. Regular fees.

Sunday, January 13, 12:00 noon, MIGHTY MEDFORD FREEWAY 5K, Avondale and Stone Chapel Roads, Westminster. With the pro football playoffs, minus the Ravens and Redskins, on TV this afternoon, today's race is for the fast of feet. Tom Yinger, 410-857-2930, is the new race director for this venerable production. Come see what new things, if any, Tom has awaiting you. Regular fees.

Sunday, February 3, 12:00 noon, BEAR RUN FOUR MILER, Pleasant Valley Fire Hall, Pleasant Valley. You will certainly be able to determine who went south during the McDaniel College January Term just completed. He'll be the one with the tan, something not found on most of the rest of those present today. Sam Alspach, 410-875-2621, will also be glad to tell you about how warm the water was. Regular fees.

Sunday, February 24, 8:00 am, TEAM CHAMPIONSHIP TEN MILE RUN, Howard Community College, Columbia. For the third time in semi-recent memory, the race was not held in 2007, due to concern that it might snow that day. Scott Kohr, 410-875-3845 or [sdkohr@hotmail.com](mailto:sdkohr@hotmail.com), thus rightly notes that no one beat us in 2007, and he is ready to invent a team of twelve or more male and three or more female runners to continue that streak, if one year can be called a streak. The club will pay for your entry fee, Scott will organize transportation, and you'll have to go to bed early the night before.

Saturday, March 1, 9:00 am, FLYING FEET 5K, Bear Branch Nature Center, Westminster. If the name Hashawa causes you to imagine horrible hills, difficult terrain, and image-ruining slow times, relax. Dave Griffin, 410-857-4974, promises to produce a much better behaved course for you. Regular fees.

Sunday, March 16, 9:00 am, FOUR MILE PREDICTED TIME RUN, F&M Manufacturing Company, Tech Court, Westminster. Since both Easter and Daylight Savings Time come early this year, it's probably a good time to be sure that you can actually tell what time it is. When you register, simply indicate what time you think it will take you to run four miles, leave your watch with Dave Herlocker, 410-848-8332, and see if you can find him after the race to reclaim your watch. The best predictors win. Regular fees.

Saturday, March 29, 9:00 am, MCDANIEL COLLEGE 5K TRACK RUN, Bair Stadium, McDaniel College, Westminster. Skip Fennell, 410-848-8991, is almost finished with his term as president of the National Council of Teachers of Mathematics, otherwise known as the NCTM, and he is really looking forward to working with smaller numbers, both in terms of participants and race laps, that he has encountered recently. After the race he will be present at Baughers to give his "State of the Pancakes" address. Regular fees.

Saturday, April 5, 9:00 am, RACE FOR THE STARS 5K RUN/WALK, Century High School, Eldersburg. This race is a fund raiser for a local softball team, using a course similar to one used in the Twilight Series. Mark Sobota, 410-833-0346 or msobota1@verizon.net is the contact person. Entry forms will be available on the web page and through the mail.

Wednesday, April 16, 7:00 pm, MAIN STREET MILE, Westminster. Another spring brings another mad dash down the Main Street Hill. The shirts are keepers, the ice cream and toppings are yummy, and one of these years someone may actually break the course records, which are older than many of the runners. Entry forms will be available on the club's web site, through a large mailing, and at club races. The DEADLINE for submission of paper entry forms is APRIL 1. Beth Weisenborn, 717-677-6883 or wrcc.web@gmail.com, will close the computer door when the 700 runner limit--which includes both the first, timed section and the second, fun run section--is reached.

#### **Future Events:**

May--Sandymount 4 Mile Run, CCYSB 5K, and the start of the Twilight Series. June--The Twilight Series continues.

July--WDF 5K and still more Twilight Series.

August--The Twilight Series ends, the winners get goodies, and everyone gets to run on Kowomu Trail.

#### **The Crowd Stands and Cheers for:**

JUDITH BRENNAN, who was ranked sixth in the women's 65-69 age group for the summer, 2007, period by the Washington Running Report. The rankings are compiled by club member JAMES MORELAND.

KARSTEN BROWN, who finished the JFK 50 Miler in 8:14:06 and then only ONE WEEK LATER finished twelfth overall and first in the 30-34 men's age group at the NCR Trail Marathon in 2:56:41. This time qualifies him for the 2008 Boston Marathon. He has also been listed in Race Packet magazine as a top contributor to local running.

the CENTURY HIGH SCHOOL GIRLS CROSS-COUNTRY TEAM, which finished second in the Blue Ridge division of the MVAL and county meets, before finishing first in the class IIA west regional meet and second in the state IIA meet. The knights are coached by club member KRISTIN HADDEN.

SUSAN CONKLIN, who finished the Baltimore Marathon in 3:35:15, eighth in the women's 35-39 age group and fifth in the first marathon time for all females. This time qualifies her for the 2008 Boston Marathon.

the FALLS ROAD RUNNING STORE MARATHON RELAY TEAM, which finished second in the Baltimore Marathon Relay in 2:26:40. The team included Mark Gilmore, 2004 winner of both the Main Street Mile and the Bachman Valley Half-Marathon, and Steve Kartalia, former winner of and current masters record holder for the Bachman Valley Half-Marathon.

the FRANCIS SCOTT KEY BOYS CROSS-COUNTRY TEAM, which won the Blue Ridge, county, and class IIA west regional meets, before finishing second in the state IIA meet.

AMY MORROW FUNK, who finished second in the female survivor division at the Baltimore Half-Marathon in 1:55:39. Amy finished fourth last year.

GRANT HADDEN, boy's cross-country coach at Century High School, who finished the Steamtown Marathon in 3:31:55.

FRANK HANSBOROUGH, who finished the Baltimore Half-Marathon in 1:35:34, in the top 5% of finishers.

ALEX HAUFLE, Francis Scott Key freshman, who was named to the MVAL, Blue Ridge division, cross-country first team and to the All-County Boys Cross-country team by the Carroll County Times. His best finishes were fifth at the Blue Ridge and county meets.

ZACH HOLZ, Francis Scott Key senior, who was named to the MVAL, Blue Ridge division, cross-country first team, to the All-County Boys Cross-country team by the Carroll County Times, and to the second team All-Metro by the Baltimore Sun. He finished second at the Blue Ridge, county, and class IIA west regional meets, before finishing fourth at the state IIA meet.

ARTHUR LEATHERS, Francis Scott Key senior, who beat every county runner in every race he ran this fall. After winning the Blue Ridge, county, and class IIA west regional meets, he finished third at the state IIA meet. He was named to the MVAL, Blue Ridge division, cross-country first team, as the boys Cross-country Runner of the Year by the Carroll County Times, and to the first team All-Metro by the Baltimore Sun.

MAURA LINDE, Century freshman, who--after finishing second in the Blue Ridge meet, first in the county meet, and first in the class IIA west regional meet--finished second in the class IIA state meet. She was named to the MVAL, Blue Ridge division, cross-country first team, as the girls Cross-country Runner of the Year by the Carroll County Times, and to the first team All-Metro by the Baltimore Sun.

DEE NELSON, who was ranked ninth in the women's 60-64 age group for the summer, 2007, period by the Washington Running Report.

ALAN POBLETTS, who finished the Baltimore Marathon in 3:33:28 and the NCR Trail Marathon in 3:12:17. His NCR time was fourth in the 45-49 men's age group and qualifies him for the 2008 Boston Marathon.

DOUG PRESTON, who finished the Baltimore Marathon in 3:32:11 and the NCR Trail Marathon in 3:31:33. His NCR time was third in the 55-59 men's age group. Both times qualify him for the 2008 Boston Marathon, a race he has run numerous times before.

DAVE RAMSEY, who finished the JFK 50 Miler in 8:50:40. He has recently returned to this country after serving a tour of duty in Iraq as a member of the National Guard.

TIM SMITH, who finished the JFK 50 Miler in 6:55:38, fourteenth overall in the largest ultramarathon race in the country. Smith, who first ran the race years ago as a North Carroll student, carried a picture of his son, Connor, with him.

the SOUTH CARROLL GIRLS CROSS-COUNTRY TEAM, which finished first in the Blue Ridge, county, class IA south regional, and class IA STATE meets.

the SOUTH CARROLL BOYS CROSS-COUNTRY TEAM, which finished first in the class IA south regional meet and second in the class IA state meet.

SHERRY STICK, who was ranked twenty-second in the women's open category for the summer, 2007, period by the Washington Running Report.

ALI THOMPSON, Westminster junior, who was named to the MVAL, Chesapeake division, cross-country first team and to the All-County Girls Cross-country team by the Carroll County Times. Her best finishes were fifth at the Chesapeake meet and eighth at the county meet.

JORDAN WHITE, Francis Scott Key senior, who was named to the MVAL, Blue Ridge division, cross-country first team, to the All-County Boys Cross-country team by the Carroll County Times, and to the second team All-Metro by the Baltimore Sun. He finished fourth at the Blue Ridge meet, third at the county meet, third at the class IIA west regional meet, and fifth at the class IIA state meet.

TOM YINGER, who finished the Baltimore Half-Marathon in 1:35:34, in the top 5% of finishers.

JENNIFER ZIOLKOWSKI, who finished the Baltimore Half-Marathon in 1:39:49, sixth in the women's 35-39 age group.

**Who to Blame:**

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