

Westminster Road Runners Newsletter
January-April, 2007

Dues for 2007, which are now due, are as follows: \$5 for students (21 and under); \$10 for adults; and \$15 for family groups. Entry fees for regular races are \$1 for members (\$2 limit for a family group) and \$2 for non-members. Entry fees for special races are included on the entry form, in the race information, or on the club's web page (www.carr.org/~wrrc).

Monday, January 1, 12:00 noon, WINFIELD MILE, South Carroll High School, Winfield. After a really tough weekend, it's time to roll out of bed to start the new year by running from beautiful downtown Winfield to South Carroll High School. For many it may just be an effort to get back to the car that brought them to this race. For others it will be a chance to attack the goodies that Alan Pobletts, 410-549-1873, has brought from the Wal-Mart after-Christmas sale. Regular fees.

Sunday, January 14, 12:00 noon, MIGHTY MEDFORD FREEWAY 5K, Avondale and Stone Chapel Roads, Westminster. If the weather is still unusually warm in mid-January, you can get a drink at the bathtub located near the starting line. If it finally gets cold, you can admire the ice patterns on the spigot. No matter what the weather, the course is flat, except for that nasty hill at the turnaround, and Dave Griffin, 410-857-4974, will gladly take your money. Regular fees.

Sunday, February 4, 12:00 noon, BEAR RUN FOUR MILER, Pleasant Valley Fire Hall, Pleasant Valley. Unfortunately the model train set, which was available for viewing during the Christmas holidays, has been retired for the season. You can, however, now find a place to park in the fire hall lot. The course is out-and-back, the fees are regular, and Sam Alspach, 410-875-2621, can tell you all about the trip he took during January.

Sunday, February 25, 8:00 am, TEAM CHAMPIONSHIP TEN MILE RUN, Howard Community College, Columbia. This race is our only "away" trip for the year, and Scott Kohr, 410-857-3845 or skohr@hotmail.com, is the coordinator, assuming that the recent arrival of the latest Kohr hasn't made him completely uncoordinated. We need twelve male and three female runners, preferably more, to run against other clubs for the glory of the WRRC. The club will pay for your entry fee, Scott will organize transportation, and you'll need to get up really early for this one.

Saturday, March 10, 9:00 am, FOUR MILE PREDICTED TIME RUN, Tech Court, Westminster. This race is truly one that anyone can win, since the top prizes--which in the past have included instant coffee, frozen pies, and buffalo meat--are awarded to those who finish closest to their predicted times. Dave Herlocker, 410-848-8332, will collect the regular fees and will admonish all entrants to leave their watches either in their cars or with him.

Saturday, March 31, 9:00 am, MCDANIEL COLLEGE 5K TRACK RUN, Bair Stadium, McDaniel College, Westminster. After several months of being president of the National Council of Teachers of Mathematics, Skip Fennell, 410-848-8991, returns to his true talent, counting backwards as runners go around and around and around him. Join him after the race, run with regular fees, to watch him pour syrup around and around and around pancakes down at Baugher's.

Saturday, April 14, 10:00 am, THE JOANNE LYNAM MEMORIAL 5K RUN/WALK, Shiloh Middle School, Hampstead. The race, which costs \$10, raises money for a scholarship in the name of Joanne Lynam, formerly a teacher at Shiloh Middle. Diane Spalt, 717-993-8442, will place an entry form on the club's web site. Forms will also be available at club races.

Wednesday, April 18, 7:00 pm, MAIN STREET MILE, Westminster. It's been a long time since any male has come close to a time of four minutes or any female has come close to a time of four minutes and forty seconds for this charge down Main Street from the east ridge to the library. This year everyone gets shirts and ice cream, a really good deal for a \$7 entry fee. Entry forms will be available on the club's web site and also in paper form. The DEADLINE for mail-in entry forms is APRIL 1. After that time entries will be accepted on-line until a limit of 700 is reached. THERE WILL BE NO RACE DAY REGISTRATION!!!! Direct questions about race applications to Beth Weisenborn at weisenbo@msu.edu and about anything else to Dave Herlocker at 410-848-8332.

Upcoming Events

May-Sandymount 4 Mile Run, Flower and Jazz 5K, and the start of this year's annual Twilight Series

June-YMCA (Westminster) and Flag Day (Mt. Airy) 5K runs

July-Women's Distance Festival 5K in Union Mills

August-Kowomu Trail Run, followed by distribution of Twilight Series awards and premiums

The Crowd Stands and Cheers for:

MONIKA BACHMANN, who qualified for the 2007 Boston Marathon with a time of 3:37:37 at the North Central Trail Marathon

KARSTEN BROWN, who qualified for the 2007 Boston Marathon with a time of 2:55:41 at the North Central Trail Marathon

JIM BULLOCK, who was ranked 12th in the Baltimore-Washington metro area in the male 60-64 category for the summer running season by the Washington Running Report

THE CENTURY HIGH SCHOOL girls cross-country team, which finished second in the Chesapeake Division of the Monocacy Valley Athletic League (MVAL), first in the county and regional, and third in the class IIA state meets

THE FRANCIS SCOTT KEY HIGH SCHOOL boys cross-country team, which finished first in the Piedmont Division of the MVAL, the county, the regional, and the class IIA STATE meets

AMY MORROW FUNK, who finished as the fourth female in the Survivor division of the Baltimore Half-Marathon with a time of 2:04:08

MAUREEN HALL, who was ranked 7th in the Baltimore-Washington metro area in the female 40-44 category for the summer running season by the Washington Running Report

KATIE HURSEY, North Carroll High School senior, who was named county cross-country girls runner of the year by the Carroll County Times and the Baltimore Sun and to the first team All-Metro by the Sun. Also named to the first team All-Chesapeake division of the MVAL, she won the conference, county, and regional meets and finished a close second at the class IIIA state meet

RORY JENKINS, who qualified for the 2007 Boston Marathon with a time of 2:46:21 at the North Central Trail Marathon

STEVE KARTALIA, who qualified for the 2007 Boston Marathon with a time of 2:40:10 at the Baltimore Marathon

ROGER KILGORE, who was ranked 20th in the Baltimore-Washington metro area in the male 60-64 category for the summer running season by the Washington Running Report

JOHN KIPPEN, owner of As the Shoe Fits and a club sponsor, who finished the JFK 50 Miler in 9:59:10

JILL KREBS, who qualified for the 2007 Boston Marathon with a time of 3:05:17 at the Philadelphia Marathon

ARTHUR LEATHERS, Francis Scott Key High School junior, who was named to the first team All-Piedmont in the MVAL, first team All-County by the Carroll County Times and the Baltimore Sun, and to the second team All-Metro by the Sun. He finished third at the conference meet, and second at the county, regional, and state meets.

DEE NELSON, who was ranked 4th in the Baltimore-Washington metro area in the female 60-64 category for the summer running season by the Washington Running Report

BOB PACZYNSKI, who qualified for the 2007 Boston Marathon with a time of 3:29:22 at the Chicago Marathon

ALAN POBLETTS, who qualified for the 2007 Boston Marathon with times of 3:12:57 at the North Central Trail Marathon and 3:16:23 at the Baltimore Marathon

DIANA POOL, who was ranked 17th in the Baltimore-Washington metro area in the open female category for the summer running season by the Washington Running Report. She finished as the second female in the PriceWaterhouse Coopers Half-Marathon with a time of 1:23:06 and qualified for the 2007 Boston Marathon with a time of 2:53:06 in the Philadelphia Marathon

DOUG PRESTON, who qualified for the 2007 Boston Marathon with a time of 3:32:25 at the Baltimore Marathon

DAN REPLOGLE, boys cross-country coach at Francis Scott Key, who was named County and All-Metro coach of the year by the Baltimore Sun. At the awards ceremony honoring his team's first place finish at the state IIA meet, he first took pictures of his runners before joining them for group photos

THE SOUTH CARROLL HIGH SCHOOL boys cross-country team, which finished third in the Piedmont Division of the MVAL, second in the county and regional, and third in the class IIA state meets

THE SOUTH CARROLL HIGH SCHOOL girls cross-country team, which finished first in the Piedmont Division of the MVAL, second in the county and regional, and fourth in the state IIA meets. Next year, as participants in IA meets at the end of the season, these two teams could be dominant.

BILL STAHR, who qualified for the 2007 Boston Marathon with a time of 3:22:18 at the North Central Trail Marathon

SHERRY STICK, who was ranked 18th in the Baltimore-Washington metro area in the open female category for the summer running season by the Washington Running Report

JARED WELSH, Francis Scott Key High School senior, who was named county cross-country boys runner of the year by the Carroll County Times and the Baltimore Sun and to the first team All-Metro by the Sun. Also named to the first team All-Piedmont division of the MVAL, he won the conference, county, and regional meets and finished third at the class IIA state meet

JORDAN WHITE, Francis Scott Key High School junior, who was named to the first team All-Piedmont division of the MVAL and to the first team All-County by the Carroll County Times and the Baltimore Sun

Who to Blame

Equipment Guy: Joe Loveland, 410-876-9249 or joeloveland1@hotmail.com

Newsletter Editor: David Herlocker, 410-848-8332 or dherlock@mcdaniel.edu

Ten Mile Team Coordinator: Scott Kohr, 410-857-3845 or sdkohr@hotmail.com

Treasurer-for-life: Liuda Galinaitis, 410-857-5427 or liuda@carr.org

Webmasters: Beth Weisenborn, 717-677-6883 or weisenbo@msu.edu or Rich Beck, 410-790-0957 or buzzmd@yahoo.com

Website: www.carr.org/~wrrc or www.rrca.org(under clubs in Maryland)