

## WRRC Fall 2008 Schedule

Unless otherwise indicated, regular fees are \$1 for members (\$2 maximum for a family unit) and \$2 for non-members. For races/events with special, usually higher, rates the information will be noted in the description of the event, listed on the club web page, or found on an enclosed entry form.,

*For NEW members joining in October or later, the 2008 dues of \$5 for students 21 and under, \$10 for adults, and \$15 for a family unit will apply through the end of 2009.*

**Sunday, August 17, 8:00 am, KOWOMU TRAIL 5K ROAD RACE**, Rinehart Road, Westminster. Glenn and Ivy Smink will provide farm produce and an up and down course through the woods shading Kowomu Trail for the last club race of the summer. They welcome leashed four-legged friends! For information contact Glenn Smink at 410-857-5691 or e-mail Glenn at [gsmink@fuchsnorthamerica.com](mailto:gsmink@fuchsnorthamerica.com) (his preference!!) Regular fees.

**Saturday, August 23, 10:30 am, WRRC Picnic!** Union Mills Homestead Park, by the fishing pond. 3430 Old Hanover Road, Westminster, MD 21158. It will be pot luck, with the WRRC providing the main course, so bring a dish and your drinks along with the entire family. Activities include: Tot Trot @ 11:00 am; Kids Run @ 11:30. Twilight Series awards will be distributed. RSVP as soon as possible to Bob Sommerville at 410-751-7219 or [rjs4u2uz@verizon.net](mailto:rjs4u2uz@verizon.net) (subject line PICNIC). Bob needs to know the number of adults, kids, and tots.

**Monday, September 1, 8:30 am, LABOR DAY 5K ROGUE RUN AND 1 MILE CROSS WALK (beginning at 9:15)**, Liberty High School, Eldersburg. The Eldersburg Rogue Runners sponsor one of their big events, a loop course starting and ending at Liberty High School. The cost is \$20 before August 11 and \$25 after, online and mail-in registration available. For more information check the EER website or [LaborDayRace@ERRun.org](mailto:LaborDayRace@ERRun.org)

**Saturday, September 13, 9:30 am, GREEN TERROR SPLIT DISTANCE (3K OR 5k) CROSS COUNTRY CHALLENGE**, McDaniel College, Westminster.

**Sunday, September 21, 8:00 am, D. HERLOCKER MEMORIAL BACHMAN VALLEY HALF-MARATHON**, Bachman Valley Farms, Old Bachman Valley Road, Westminster. Newly renamed in honor of our friend and WRRC go-to-guy, this race is now in its 26<sup>th</sup> year. An entry form with details is included with this newsletter, or you can register online by following the instructions in the Schedule section of the WRRC web page. Since many volunteers are needed, if you are not running, please contact Beth Weisenborn at [wrrc.web@gmail.com](mailto:wrrc.web@gmail.com) or at 717-677-6883.

**Sunday, October 19, 8:00 am, OTTERDALE MILL FIVE MILE RUN**, Trevanion and Stonesifer Roads, Taneytown. The course is flat with minimal traffic. The fees are regular and Dan Replogle will answer any additional questions at 410-756-1654.

**Saturday, October 25, 9:00 am, 4H 5K CLOVER RUN AND FUN WALK**, Carroll County Ag Center, Smith Avenue, Westminster. Proceeds from this event benefit programs of the local 4H organization. For more information contact Leanne Boyce at 410-386-2760.

**Sunday, November 2, 9:00 am, UNION MILLS 8K**, Union Mills. This is a longer version of Liuda's Women's Distance Festival, with regular fees. Don't forget that the clocks fell back over night which means that you gained that extra hour of sleep which also resulted in a loss of an excuse not to run! Chris Reese is the race director and can be reached at 410-848-3216 or [reesechris@hotmail.com](mailto:reesechris@hotmail.com)

**Sunday, November 16, 9:00 am, MAYBERRY SEVEN MILE RUN**, Runnymede Elementary School, Taneytown. Bob has decided that we need a little distance in our lives. This loop course will more closely

resemble the Twilight Series eight miler that used to exist rather than the out-and-back 8K that we have done in recent years. Bob McCubbin is the director, 410-374-5932, and the fees are regular.

**Sunday, December 7, 9:00 am, BURK MEMORIAL 5K RUN**, Tahoma Farm Road, Westminster. With the marriage of Rich Beck last fall (who now no longer lives in the area), and the completion of the additional section of the Burk Linear Trail, the race will be different and so will the director. The prizes from the Treat Shop on Cranberry Road and the regular fees will remain, but Frank Schaeffer, 410-857-5154, [swsch@carr.org](mailto:swsch@carr.org) will now be answering all your questions.

**Sunday, December 14, 9:00 am, DANCER DASH 10K**, F & M Manufacturing Company, Tech Court, Westminster. Bob Leatherman, 410-848-1782 has again promised a multitude of prizes (one for each??) The out-and-back rolling course will help prepare you for Shirley's fabulous chocolate chip cookies, worth the price of admission which happens to be regular fees.

**Thursday, January 1, 2009, 12 noon, WINFIELD MILE**, South Carroll High School, Winfield. Welcome to the new year, with a friendly reminder that the start of this race happens to be a mile away from the finish (and registration!) point. Be sure to allow that extra time when you come to run. Alan Pobletts, 410-549-1873 will supply those runners who did not use up all their speed in the previous year with his WalMart after Christmas candies. Fees are regular, but Liuda will be more than happy to collect your 2009 WRRC dues for the year 2009.

### **Coming in 2009... fun Club races and some new race directors...**

-**January** brings Tom Yinger's exhilarating Mighty Medford Freeway 5K (Westminster, MD).

-**February** brings Sam Alspach's Bear Run 4-miler (Pleasant Valley FD, Westminster, MD), RRCA 10-mile Club Team Challenge (Scott Kohr; Columbia, MD), and Alan Gowen's Hashawha Hills 50K (Bear Branch Nature Center, Westminster, MD). The Club plans to send a team to the 10-mile Challenge and work an aid station at the 50K.

-**March** brings Bobby Ward's 4-mi Predicted Time Run (Westminster, MD), and Skip Fennell's 5K Track Run (Westminster, MD).

-**April** brings the Club's biggest race of the year, the Main Street Mile, tentatively scheduled for April 15. WRRC is also sending a team of 12 to run the *200-mile American Odyssey Relay Run Adventure* (April 24-25). Ted Zaleski and Bob McCubbin are the team captains.

### **The Crowd stands and cheers for:**

**Amy Morrow Funk** ran the Survivor Harbor 7 on 8 June 08. She was the 14th Survivor to finish the race. She was the First Masters Women, with a chip time of 1:01:56

**Carole Williamson** (1:02:36.85), **Amy M Funk** (1:02:49.90), **Debbie Leathers** (1:05:02), and **Beth Weisenborn** (1:02:50.25) ran a challenging Dreaded Druid Hills 10K two days after Hashawha. This was Debbie's first time at the race. All of us survived the humidity and heat, oh, and the hills.

**Amy** ran these races just a couple of weeks after undergoing surgery/treatment for a second case of cancer, unrelated to her first. She's absolutely amazing and quite an inspiration.

**Bob Leatherman**, with the completion of this year's Twilight Series, has completed 143 consecutive Twilight Series Races dating back to 1985. (Bob, some of us even remember celebrating your 100<sup>th</sup> Twilight Series race with a cake!!) For Bob, it is just a part of his routine.