

**DIMES
FOR
LYMES**

5K

10.10.10

**DIMES FOR LYMES
5k run
and 1 mile fun walk**

Presented by
**Westminster
Road Runners Club
and
Flying Feet**

Sunday
October 10, 2010
8:00 a.m.
7:00-7:45 registration

MD Army National Guard
Henry C. Evans Armory
300 Hahn Road
Westminster, MD 21157

(across from Walmart)

Calling all runners, walkers and patriots!

**RUN TO SUPPORT
A 29TH M.P.
FAMILY MEMBER**

Dear Friends,

The 29th MP Company, of the Maryland Army National Guard, is now located in Westminster, Maryland at the Henry C. Evans Armory.

While we welcome them to the community, we have learned that one of the M.P. Soldiers (SPC Lennon) has a little sister (Kristy), who is suffering from four different tick related diseases including Chronic Lyme, Bartonella, Ehrlichia and Autonomic Neuropathy. Due to the significant medical treatments needed to take care of Kristy, the family is now overwhelmed with bills.

Please join us on Sunday, October 10, 2010, at the Henry C. Evans Armory in Westminster, Maryland for a 5K run, a 1 mile walk, or simply to lend support and meet some of the new 29th MP Company.

The cost of entry will be a monetary donation of your choice.

Questions about this 5k fund raiser can be directed to:

SPC Rachel Walter

WRRM Member and a 29th M.P.

goingraphic@gmail.com or 410-429-4858



The Westminster Road Runners Club and Flying Feet
present the

DIMES FOR LYMES
5k run and 1 mile fun walk

Westminster, Maryland

SUNDAY, OCTOBER 10, 2010, 8:00 a.m., *rain or shine*

Location: Henry C. Evans Armory, 300 Hahn Road, Westminster, MD 21157 (*across from Walmart*)

Registration: 7:00 to 7:45 a.m. on race day

Start time: 8:00 a.m.

Entry Fee: Monetary donation to be determined by each participant

Questions: Rachel Walter at 410.429.4858 or e-mail at goingraphic@gmail.com
Beth Weisenborn at 717.677.6883 or e-mail at wrrc.web@gmail.com
WRRC website: <http://www.carr.org/~wrrc/>

----- **ENTRY FORM** (*detach here; copies are acceptable*) -----

Name: _____ **Age on 10/10/2010:** _____ **Gender:** _____

Address: _____ **City:** _____

State: _____ **Zip:** _____

Phone: _____ **E-mail:** _____

Emergency contact name & number: _____

In consideration of the acceptance of this entry for the *Dimes for Lymes 5k run and 1 mile fun walk*, I waive all claims for myself, my heirs, and assigns against the Westminster Road Runners Club, Flying Feet, the National Guard, and all race personnel and volunteers for any injury or illness, which may result from my participation. I further state that I am in proper physical condition to compete in this run.

Signature (guardian's signature required if under 18 years of age): _____

SIGNATURE REQUIRED TO ENTER

Bring Entry Form and Monetary Donation with you to register for the race in person, between 7 a.m. and 7:45 a.m. If you would like to make a donation but are unable to attend the event, please contact Rachel Walter 410.429.4858 or email goingraphic@gmail.com.